



the BELLFLOWER CITIZEN

Volume 16 Issue 8

ONLINE EDITION

August 2016

Downtown Fun Plays on Through August

Streetfest Concert Series and Food Trucks & Flicks provide free family fun and an easy way to beat the heat for all local residents!

Minions entertained the crowd at the first Food Trucks & Flicks event held on Friday, July 8th. Several food trucks served up a variety of speciality plates for purchase and early bird diners were handed raffle tickets to win cool summer prizes and restaurant gift cards. A few pre-show activities such as free raffles, youth group perform-

ances and \$1 Bingo games have been incorporated into the event.

Be sure not to miss your favorite award-winning food truck such as the Grilled Cheese Truck, The Lobos Truck (American comfort food), Dogzilla Hot Dogs, Hobo Co. Pizza, Tri Tip Man (Sandwiches and Sliders), Tropical Islands Papas & Dogs (Funnel cake, carne asada fries, speciality hot



CONT PG 3

Forge Friendships at National Night Out

The City invites residents to come out and meet the Bellflower Public Safety Team at Thompson Park's 2nd Annual National Night Out Celebration on Tuesday, August 2nd from 5:00 p.m. to 8:00 p.m. located at 14001 Bellflower Blvd.

National Night Out is an



annual campaign that promotes law enforcement-citizen partnerships to help make our neighborhoods safer. It is a platform to enhance the relationship between neighbors and discuss public safety concerns.

The free event will host Public Safety vehicles on display, carnival games, giveaways, inflatable jumper, music, and face painting. Several food trucks will be at the event selling items for purchase. For more info call (562) 804-1424 ext. 2530.



Downtown Event Schedule



Friday, August 5
Inside Out
Town Center Plaza

Thursday, August 11
Smokin Cobras
(50s-70s)
Bellflower Blvd.

Friday, August 19
Alvin & the Chipmunks
Town Center Plaza

Thursday, August 25
80z All Stars (80's)
Bellflower Blvd.



MARK YOUR
CALENDAR

City Hall will be closed
Monday, Sept. 5th
in Observance of
Labor Day

Walk-in Donors are Welcome at City Hall



There's still time to participate in City Hall's Annual Blood Drive! Blood donations often decline in the summer months, especially around summer holidays when donors are less available to give. The need for blood doesn't decrease though – every two seconds, someone in the U.S. requires blood or platelets. **Walk-ins are welcome on Thursday, July 28th from 10:00 a.m. to 4:00 p.m.** in the Green Room, City Hall (2nd floor). Here are some tips to help make your donation easy!

- **Eat Healthy** - Maintain a healthy iron level in your diet by eating iron rich foods, such as red meat, fish, poultry, beans, spinach, iron-fortified cereals and raisins. Avoid fatty foods, such as hamburgers, fries or ice cream before donating.

- **Be sure to drink an extra 16 oz. of water** or nonalcoholic fluids before the donation.

- **Get a good night's sleep.** If you are a platelet donor, remember that your system must be free of aspirin for two days prior to donation.

Remember to bring your donor card, driver's license or two other forms of ID. **Tips modified from www.redcross.org**

Bellflower Blvd. Rumbles with Fun

The 18th Annual Bellflower Boulevard Car Show rolls into town with over 200 custom vehicles, live music and roaring cackle cars! Co-hosted by the Bellflower Noon Lions and the City of Bellflower, the event is set for Saturday, October 1, 2016 from 2:00 p.m. - 7:00 p.m. and will feature food vendors, live music, over 20 different trophy categories and hundreds of car enthusiasts. Cars will be exhibited along Bellflower Blvd. and



span from Flora Vista Street to Park Street. The event is free and open to the public. To register your vehicle for a non-reserved space, a \$25 registration fee is required prior to August 15th (\$40 after 8/15) or for a reserved space, a \$35 registration fee is required prior to August 15th (\$45 after 8/15). Spaces are sold on a first come - first sold basis. Vendor booths are also available. For more info visit www.bellflowercarshow.com or call (562) 645-3208.

City Honors Gonzales as Volunteer of the Year

Last month, a Volunteer Recognition Ceremony was held on June 23, 2016 at Simms Park to recognize the efforts of 94 volunteers that contributed a significant amount of time volunteering in the community and supporting Volunteer Center programs

over the past year. Nearly 1,500 volunteers served 17,498 hours throughout the past year.

Jeremy Gonzales was named Volunteer of the Year. Gonzales began as a City volunteer in July of 2009 and has served over 1,000 hours. He provides his time and talent for a wide variety of programs such as S.A.Y. Yes afterschool homework program for elementary school students, assistance with set design for the Youth Cultural Arts Foundation, coaching girls softball for the Greater Bellflower Little League, various donation drives hosted by the Volunteer Center, and much more. Congratulations!



California's 58th Assemblymember Cristina Garcia invites you to bring your ideas, questions and concerns about legislative issues to discuss over a cup of coffee.

Upcoming events:

- **City of Cerritos**

Saturday, August 6
9:30 a.m. - 11 a.m.
ABC Adult School Room E-7
Cuesta Campus
12254 Cuesta Dr., Cerritos, CA 90703

- **City of Bell Gardens**

Conversation in Spanish - Conversación en español
Saturday, August 13
9:30 a.m. - 11 a.m.
Bell Gardens Senior Center
6722 Clara St., Bell Gardens, CA 90201



STREETFEST CONT

dogs), and Mustache Mikes (Italian Ice). The food trucks will be on site beginning at 6:30 p.m. and the movie begins at dusk (approx 8:30 p.m.).

Following the movie night premiere, Streetfest Concert Series opened with a special unveiling ceremony of the completed Streetscape Improvement Project held at the corner of Belmont Street in Downtown. Several Los Angeles Rams cheerleaders joined City officials and project

participants at the ribbon cutting to cheer on the community and pose for photographs with NFL fans.

Both events will continue every week through August 25th, alternating between movie nights in the Town Center Plaza (16521 Adenmoor Ave.) and live concerts on Bellflower Blvd. in the heart of Downtown. Parking is free and be sure to bring your lawn chairs for prime seating.

For more details visit the City's website at www.bellflower.org.



WORK AROUND TOWN

City of Bellflower

16600 Civic Center Dr. Bellflower
View full job description at:
www.bellflower.org

Management Intern (2 positions)
P/T - \$17.58/Hr.

Deadline: Until filled

Perform a wide variety of administrative, operational, technical, and financial assignments to assist a City department or division and to receive on-the-job exposure to municipal government issues; learn to perform various department tasks. Research, write, and present reports and recommendations on a variety of municipal government topics.

Bachelor's Degree and current enrollment with at least nine units in a related, accredited Master's degree program is required. Preferred majors include Public Administration, Business Administration, Planning or a related field. Approximately 20-25 hours per week, depending on assignments. The term of employment for all Interns is limited to the end of the current academic year or one year from date of hire, as agreed to at the time of employment.

Meet BARK Therapy Dogs at Special Event

The Beach Animals Reading with Kids (BARK) welcomes residents to the 8th Annual BARK Night hosted at Stearns Park (4700 E. 23rd St, Long Beach, CA 90815) to meet BARK teams, learn about the non-profit program and participate in the raffle and silent auction. Snacks, and water will be provided. Be sure to bring your own lawn chair or blanket!

For more information or to RSVP, email barkreadingdogs@aol.com or call (562) 235-8835.



Bellflower Symphony Orchestra Presents

Summer Concert at Caruthers Park

August 20, 2016 – 7:00 p.m.

Free concert at the park

10500 Flora Vista St. Bellflower, CA

For information call (562) 867-4871



New Vendors Join Farmer's Market

Cure the Monday morning blues by relishing in the warm sun at Bellflower's certified Farmers Market located at the corner of Clark Avenue at Oak Street in the Simms Park parking lot. The market is open every Monday from 9:00 a.m. to 1:00 p.m. (except for holidays) and offers a wide selection of fresh produce, bread, flowers, and more. Grab your mid-morning snack or lunch from one of the food vendors on site. The market now accepts EBT.



Farmers:

- Aunt Willies Apiary** - honey and honey sticks
- BuMa Farms** - variety of fresh vegetables and strawberries
- Cazares Nursery** - plants, flowers and fruit trees
- Gama Farms** - Eggs, potatoes, citrus, onions and garlic
- Garcia Farms** - variety of seasonal fruits, raisins, sweet potatoes, melons

Mike's Produce, Inc. - variety of fresh sprouts and wheat grass

Raphael Cardenas - variety of fresh berries and vegetables

Ricardo Farms - variety of fresh vegetables

Rodriguez Nursery - fresh cut flowers

Victor Gonzalez - a wide variety of citrus including, oranges, grapefruit, tangerines, avocados

Food Vendors:

- Alex's Fruit and Nuts** - dried fruit and nuts
- Bomb Fries & Ice Cream** - French fries, pastrami fries, chili fries, cheese fries, bacon wrapped hot dogs and ice cream
- Me Gusta Tamales** - beef, chicken, pork, chili cheese & pineapple tamales
- Old Town Baking Co.** - variety of bread, pastries and rolls
- The Tiny Peanut** - variety of fresh roasted nuts
- Yalla Hummus** - a variety of hummus, pita bread and pita chips

Seeking Donations for Back-to-School Drive

Bellflower's Volunteer Center is once again coordinating the "Backpack & School Supplies Drive" to assist Bellflower children in need. Some suggested items that we are seeking include durable backpacks, pencil boxes or bags, pens, pencils, erasers, crayons, colored pencils, markers, paper, dividers, notebooks, composition books, binders, glue sticks, rulers, dictionaries and calculators. *(Please include new items only.)*



Donations must be received at the Bellflower Volunteer Center (16610 S. Clark Ave.) no later than Wednesday, August 17th. For more info call (562) 925-9003 or by email at cvan@bellflower.org.

Brakensiek Library Summer Events

9945 E. Flower St. Bellflower, CA 90706 Ph: (562) 925-5543

Swazzle's Puppet Show
The Tortoise & the Hare

Sat, July 30th • 2:00 p.m.-2:45 p.m.

Enjoy Swazzle's retelling of Aesop's *The Tortoise and the Hare*. Upon losing the infamous race to the Tortoise, the Hare challenges him to compete in other sports like football, soccer, and even ping-pong. Along the way, both the Tortoise and the Hare learn important lessons about sportsmanship and teamwork.

Sponsored by the Friends of the Bellflower Library.



Found Object Juggling with
Michael Rayner

Tues, Aug. 2nd • 2:00 p.m.-3:00 p.m.

Michael Rayner juggles with a variety of objects others wouldn't even THINK of trying! You can't miss this amazing and wacky juggler who juggles laughs as well as objects! For teens 12-18.



Pennant Banner for Teens

Tues, Aug. 9th • 3:00 p.m.-4:00 p.m.

Make your own pennant to show off your school spirit, love for where you live, or favorite sports team! All materials will be provided. For teens 12-18.

